

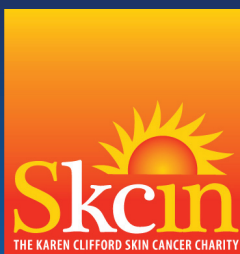
# LOVE YOUR SPORT? LOVE YOUR SKIN!

PLAYING OR SPECTATING, PROTECT YOUR SKIN FROM THE SUN

## SKIN CANCER IS THE UK'S MOST COMMON CANCER...

- More people die from skin cancer in the UK than Australia
- Melanoma, the deadliest form of the disease is now the most common cancer in the 15-34 age group
- Over the last 25 years, rates of melanoma in Britain have risen faster than any other cancer
- 80% of all skin cancers are caused by over-exposure to the sun and/or sunbeds.

*Always make  
sure you're protected  
from the sun's harmful rays.  
Wear a factor 30+ sunscreen,  
a wide brimmed hat and  
keep shoulders  
covered up.*



**Skcin.org**  
For vital information about skin cancer